

Southeastern **CoachesCombine**

COMBINES – COMBINES – COMBINES

Southeastern Coaches Combine and LRS Sports are partnering this year to bring combines to your area.

DATE	LOCATION
March 27	Statesboro High School
April 10	Tift County High School
April 17	Gainesville High School
April 24	Mary Persons High School
May 8	Cartersville High School

Check-In begins at 8:30 a.m. Testing begins at 10:00 a.m.

Testing is **FREE** with Pre-Registration!

To pre-register, visit our web site at www.coachescombine.com. There will be a small walk-up registration fee.

Bring your highlight film and/or one game film. This will be placed on our web site to be viewed by all colleges.

Testing Events:

40 yd dash	Bench Press – 185 lbs reps
L-Drill (3 cone drill)	Pro-Agility (shuttle run)
Vertical Jump (no step in)	

Height, Weight and Standing Reach will be measured.
Full body length photo will be taken.

We hope to see you at a combine this spring!

George Spencer
Recruiting Specialist, LRS Sports
President, Southeastern Coaches Combine